

# Eye Drop Schedule

Week One	DAY 1 Start after 4 hours	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
 <b>VIGAMOX</b> (Moxifloxacin)	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○
 <b>Pred Forte</b> (Prednisolone)	every hour while awake	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○
 <b>ARTIFICIAL TEARS*</b>	Every hour while awake or more	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○

**\*Artificial Tears:** After day seven, continue using your tears 4x/day or more for three additional weeks after your treatment.

## When using your drops:

- \_ Begin using all three drops **4 hours after** your surgery.
- \_ Use all drops in order listed and allow 2 minutes between each type of drop.
- \_ Do not allow the tip of bottle to come in contact with hands or eyes.
- \_ Use your Vigamox/Pred Forte until day seven. Sometimes they run out on day five or six. That's okay!

## On the day of your surgery:

- \_ Do not touch eye below eyebrow or above cheekbone.
- \_ Immediately rest/close eyes for 4-5 hours after surgery (limit TV, reading, computer time, etc.)
- \_ The more artificial tears the better. You cannot over use your artificial tears.
- \_ Sunglasses will be worn all day after surgery. Only to be removed when using drops.

# Wondering if what you're seeing or feeling is normal?

## What is normal 7 days after treatment? (in one or both eyes)

- Fluctuation in vision
- Blurry vision
- Sandy/Gritty
- Excessive tearing
- Dryness
- Sensation of having debris in eye(s)
- Burning/stinging
- Light sensitivity
- Sharp pain in eye(s) lasting 1-2 seconds

## What is normal one month after treatment? (in one or both eyes)

- Fluctuation in vision
- Mild Discomfort
- Light sensitivity

\*\*If you are experiencing any of the above symptoms, please increase your use of artificial tears back to every hour before calling the office. \*\*



### Things to remember after your surgery

Sunglasses are to be slept in for at least 3 nights after surgery (to avoid rubbing eyes)

You may take preferred pain reliever for any discomfort as needed and as directed



### Do you need more artificial tears?

You may use any of the following brands:

- Optive Sensitive
- Refresh Plus
- Blink Tears
- Systane

\* Must be preservative free vials\*

## Things to avoid one week after your treatment

- Swimming/hot tubbing/scuba diving
- Keep soap/shampoo away from eyes
- Contact sports (i.e. basketball, soccer, hockey)
- Eye make-up, facial lotion on/near eyes
- Normal exercise may be resumed but avoid getting sweat in eyes
- Do not rub eyes. Only gentle dabbing
- Avoid chemical/dusty environments

## Questions and/or concerns?

EMERGENCY 616.648.1689 (Dr. Keil's cell)

NON-URGENT 616.365.5775 (Office)