











# LASIKAMRASCHEDULE: WKS 1-12

Week 1	DAY 1 <small>(Start after 4 hours)</small>	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
 <b>Vigamox</b> R L Both	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○
 <b>Pred Forte</b> R L Both	Every hour while awake	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○
 <b>Xiidra</b> R L Both	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○
 <b>Artificial Tears</b> R L Both	Every hour while awake or more	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○

Start:		Continue for 3 weeks						
 <b>Lotemax</b> R L Both	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○
 <b>Xiidra</b> R L Both	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○

Start:		Continue for 4 weeks						
 <b>Lotemax</b> R L Both	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○
 <b>Xiidra</b> R L Both	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○

Start:		Continue to use once a day until your next visit						
 <b>Lotemax</b> R L Both	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○
 <b>Xiidra</b> R L Both	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○	○ ○ ○ ○ ○

**CONTINUE USING THE ARTIFICIAL TEARS 4 TIMES A DAY FOR THREE MONTHS**

- \_ Wait 3-5 minutes between each type of drop
- \_ Bring medication schedule & all eye drops to each visit

## ADDITIONAL POST-TREATMENT INSTRUCTIONS

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**Your Inlay eye WILL be blurry for  
a minimum of 5 weeks.**

### **THINGS TO REMEMBER AFTER YOUR SURGERY**

Sunglasses are to be slept in for at least 3 nights after surgery (to avoid rubbing eyes)

You may take preferred pain reliever for any discomfort as needed and as directed

### **WHAT IS NORMAL AFTER SURGERY:**

- \_ Fluctuation in vision
- \_ Excessive tearing
- \_ Burning/stinging
- \_ Foggy vision
- \_ Dryness
- \_ Light sensitivity
- \_ Sharp pain in eye(s) lasting less than 2 seconds
- \_ Feeling like there is something in your eye
- \_ Eyes feel 'sandy'

\* IF YOU EXPERIENCE ANY OF THE ABOVE, INCREASE USE OF ARTIFICIAL TEARS \* \*

### **PLEASE NOTE: Remember to be patient.**

*It is very important to remember that there is an adaptation period, which varies from patient to patient. Your eye has to heal and your brain has to adapt. It will occur much quicker if you do not stress and/or over analyze the visual changes you will be experiencing.*

*Also, you should know that everyone heals differently and has different prescriptions therefore you should not compare your results with others.*

### **QUESTIONS AND/OR CONCERNS?**

EMERGENCY | 616.648.1689 (Dr. Keil's cell)

NON-URGENT | 616.365.5775(Office)